

In many parts of the world there is continuous coverage of sport on television. Some people believe this discourages the young from taking part in any sport themselves.

Discuss this view and give your own opinion.

In this day and age, having a sedentary life is a main issue which most of the people are dealing with. Some consultants have offered a multitude of solutions for this issue. One of which is to do exercises rather than watching sport programs.

First of all, it is inevitable that many of the people like to watch matches programs. Watching sport programs for long hours causes people collapsing in front of the television which in turn leads to people not having spare time to take part in any sport. Moreover, the government can encourage the youth to participate in sport teams. For instance, the government can create places for the youth in order to be useful for them. This is why the role of the government is important in this regard.

On the other hand, watching sport programs can encourage the young to play sports. These programs are potential motivation for those who want to play in group teams such as football and basketball. Not only are do sport programs discourage them from taking part in any sport but also persuade them to do exercises and play as a member of the team in their schools, universities or at work places. Furthermore, culture of countries has much of a role to play in this field. In some countries most of the people only want to watch sport programs rather than to be a participant. However, we cannot extend this issue to the whole world.

So overall, I believe we cannot say that by watching sport matches people will be dissuaded from participating in any sport or will patronize to do this. This issue depends on the characteristics of each person and cannot be generalized to all members of society.